

WARM-UP

- Who is the most powerful and wise character you have seen in a movie or read about? Share stories that show these things about him or her.
- What is something that you cannot live without?
- If someone were to be with you at all times, who would you want that person to be? Why?

WORD *¹⁶“And I will ask the Father, and he will give you another Helper, to be with you forever, ¹⁷even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and will be in you.”* **JOHN 14:16-17**

The life of a Christian is one that is centered in loving God and people. This could be a daunting task, given our limitations and the different circumstances we face every day. The disciples possibly felt the same way when Jesus told them that He would ascend to heaven. But Jesus promised a Helper. Through the Holy Spirit, we find a great source of comfort and joy that Christianity is not lived by our own ability but with God's presence and power. Today, we will look at the benefits of the Holy Spirit and how these truths help shape our lives.

1 | The Holy Spirit indwells believers.

16“And I will ask the Father, and he will give you another Helper, to be with you forever, *17*even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and will be in you.” **JOHN 14:16-17**

One of the greatest blessings in the life of a Christian is the presence of God. Knowing God and having an intimate relationship with Him becomes a reality to us because His very Spirit lives in us. As Christians, we are assured of our salvation because the Holy Spirit seals our salvation and bears witness that we are God’s children. Because the Holy Spirit dwells in us, we are united with Jesus. We have access to every spiritual blessing that God has for us in Christ. When we’re anxious or afraid, we can find joy, peace, and comfort in the Holy Spirit in us. How have you experienced this in your life?

2 | The Holy Spirit reveals God’s truth to believers.

“ . . . even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and will be in you.” **JOHN 14:17**

A person can read and understand the contents of the Bible. However, the Bible is not meant to be just a source of information about God. It is a revelation of who He is and what He has done. This cannot be accomplished through human ability, but through the work of the Spirit, who reveals

the truth to every believer. We are able to understand who God really is because the Holy Spirit opens our eyes and our minds. When we engage the Bible through reading, hearing, and obeying the word, the Holy Spirit helps us to know and understand God's truth. What does John 14:26 say?

3

The Holy Spirit empowers believers for life, ministry, and mission.

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The Holy Spirit is our Helper, someone who empowers believers to face the ups and downs of life with faith and assurance in God. Knowing God's Spirit will always be with us, we can boldly live a life that is defined by the gospel and confidently pursue His call to be His hands and feet to the people around us. The Holy Spirit empowers us to share who Jesus is to our friends, families, and to the communities around us. What are the other ways the Holy Spirit helps us in pursuing God's call for us? (Galatians 5:22-23 and 1 Corinthians 12:4-11)

APPLICATION

- How does knowing that the Holy Spirit dwells in you affect the way you see yourself and the way you live?
- Are there aspects of God or His word that you have a hard time understanding and accepting? As you spend time reading the word and in prayer, ask the Holy Spirit to help you.
- How can the Holy Spirit help you pursue your calling this season? What are the gifts He has given you and how can you grow in them?

PRAYER

- Thank God for sending the Holy Spirit to dwell in us, helping us live a holy life and empowering us to boldly proclaim Christ to the world. Pray for an increasing awareness of His presence in our lives.
- Ask God to increase your sensitivity to the Holy Spirit, that you would hear His guidance, and for the grace to obey and live according to the Spirit.
- Pray for God to reveal to you the spiritual gifts He has blessed you with as you obey His call and mission to preach the gospel to and serve those around you.



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