PRAYER

| • | Pray for one another that you will live not according to your will power but by the power of the Holy Spirit. |
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| • | Intercede for each other to live out the life that Jesus won on the cross for you—a righteous and victorious life. |
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| • | Ask God for abundant grace to help you become dead to sin and live a life that pleases Him. |
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Honor God. Make Disciples.

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| NOTES | |
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CONNECT

- What is the most thrilling and adventurous experience that you ever had in your life?
- Do you have a particular skill or ability that you have mastered which others find difficult to do? How do you do it?
- What is your New Year's resolution and how do you plan to fulfill it?

WORD

⁸Now if we died with Christ, we believe that we will also live with him. ⁹For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him. ¹⁰The death he died, he died to sin once for all; but the life he lives, he lives to God. ¹¹In the same way, count yourselves dead to sin but alive to God in Christ Jesus. ¹²Therefore do not let sin reign in your mortal body so that you obey its evil desires.

Romans 6:8-12

(WHAT)

What does the Bible say?

When Jesus saved the world by dying on the cross, He made available a new kind of life for mankind. However, not everyone understands what this new life entails that is why many who already received Jesus' gift of salvation still live in their old defeated ways. What truths do we need to know about God's gift of life through Jesus so we can thrive in it?

We are now dead to sin.

⁶For we know that our old self was crucified with him so that the body of sin might be done away with, that we should no longer be slaves to sin–
⁷because anyone who has died has been freed from sin.

Romans 6:6.7

Accepting Jesus' gift of salvation means that we are united with Christ in His death. This means that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. And just as dead people do nothing and do not respond to anything, that should also be our response to sin (Colossians 3:5-9). What does the Bible mean with "we are no longer slaves to sin?"

We now live for God.

¹⁰The death he died, he died to sin once for all; but the life he lives, he lives to God. ¹¹In the same way, count yourselves dead to sin but alive to God in Christ Jesus.

Romans 6:10,11

| in His life (Philip empowered by t in this world. As | nited in Jesus' death, the good news is, we also share opians 3:10,11)! Because the life of God is in us, we are the Holy Spirit who enables us to overcome the temptations ide from the power to say "no" to sin, what else did Jesus rding a life in Him (John 10:10)? |
|--|--|
| ²⁴ Those who belo | free and no longer slaves to sin. ong to Christ Jesus have crucified the sinful nature with its sires. ²⁵ Since we live by the Spirit, let us keep in step with Galatians 5:24,25 |
| for us, what sho starts with the o worry because G | e are dead to sin and alive in God because of what Jesus did ould be our rightful response to sin? Living in righteousness decision to follow God and His ways without any fear or fod Himself gives us the power to reject sin through the s 2:11,12). In what instances have you seen this power at? |

SO WHAT

What is the relevance of the Word to my life?

- · What are the changes in your life since you became a Christian?
- In light of the fact that we share in Christ's death and resurrection, how does your life reflect what Jesus did for us?
- Do you consider yourself dead to sin or do you still struggle in some areas of temptation? What does the Word say about how to overcome these?

NOW WHAT

How do I apply the Word to my life?

- What are the common struggles or temptations that you face and what are some practical steps you need to take to overcome them?
- How can we strengthen our faith in Christ and what He has done for us so that we can live victoriously?
- Who can you encourage and help today to walk in God's ways and experience God's gift of life?