

### WARM-UP

- What do you spend on mostly per month? Why is this such a big expense for you?
- How do you show someone that you care for him or her? Recall an instance explaining this.
- Describe the provider in your family. What is something about him or her that you are grateful for?

**WORD** *<sup>22</sup>And he said to his disciples, "Therefore I tell you, do not be anxious about your life, what you will eat, nor about your body, what you will put on. <sup>23</sup>For life is more than food, and the body more than clothing."* **LUKE 12:22-23**

(Read also **LUKE 12:24-34.**)

People often think that they've "made it" when they've accumulated much wealth and possessions. The latest gadgets, trendiest of fashions, and newest cars are what we think we need to have a good, complete life. But Jesus reminds us that *one's life does not consist in the abundance of possessions* (Luke 12:15). God invites us to think beyond our wealth and possessions and look at how we are living the life He has given us. Today, let's ask ourselves three questions that can help us reflect on our perspective on life and our possessions.

## 1 | What are you anxious about?

*22And he said to his disciples, "Therefore I tell you, do not be anxious about your life, what you will eat, nor about your body, what you will put on. 23For life is more than food, and the body more than clothing."* **LUKE 12:22-23**

Jesus told us why we don't have to be anxious about our needs—our heavenly Father provides for, clothes, and protects all other creatures without them having to toil or spin. How much more us, His children? Through this reminder, Jesus points us to truths we can live by: God created us, and He will provide for us. In God's eyes, we are valuable, and our heavenly Father knows what we need even before we ask (Matthew 6:8). How does this truth help you today?

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## 2 | What do you seek after?

*"Instead, seek his kingdom, and these things will be added to you."*  
**LUKE 12:31**

What we seek after will consume our thoughts, hearts, and actions. Jesus said that the alternative to being anxious is to seek after God's kingdom. We don't seek after wealth and possessions because God will provide everything we need and more. It's a done deal. We can be secure in God and find the fullness of life in Him. According to Luke 12:32-33, what are some of the ways we can show that we seek after God's kingdom?

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### 3 | Where is your treasure and, therefore, your heart?

*"For where your treasure is, there will your heart be also."*

**LUKE 12:34**

Jesus pointed out to His disciples that ultimately, what we invest in is what we will value. Where we put our treasures is what we will value and be more passionate about. When we invest in advancing God's kingdom, that is what our hearts will treasure. The fruit of our investment will never perish. What does Luke 12:33 reveal about the proper perspective of followers of Christ?

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#### APPLICATION

- What occupies your thoughts and heart? What are some practical ways you can remember and respond in faith to the truth that God is a faithful provider?
- Reflect on your habits. Where do you usually invest your time, effort, and treasure? How can you align your heart and actions after God's kingdom?
- Jesus said that *"one's life does not consist in the abundance of his possessions"* (Luke 12:15). Meditate on this truth in the coming week and encourage others about it, too.

## PRAYER

- Thank God for always providing for what you need even before you ask. Ask Him for the grace to relieve your anxiety and to respond in faith when it comes to your needs.
- Ask God to grow your understanding of life and how to use your wealth according to His kingdom purpose.
- Pray for God to realign your heart to His will, purpose, and plan for your life. With a willing heart and open hands, pray that you would be blessed in every way so you can be generous on every occasion.

## NOTES

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