

### **Do Not Covet**

NOTES	

### WARM-UP

- What's one thing you would buy today, if money were not an issue? Why do you want it?
- Tell us about your shopping habits. Do you hate shopping, do you enjoy it, or do you have a specific strategy for it?
- What's one activity that helps you feel relaxed and content, no matter how busy you may be? When was the last time you experienced this?



"You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or his male servant, or his female servant, or his ox, or his donkey, or anything that is your neighbor's." **EXODUS 20:17** 

Coveting is an intense lust or longing for something that belongs to another person. The tenth commandment warns against such wrong desires, which disregard the rights of others. Other commandments prohibit certain actions, such as theft or murder, but the tenth focuses on the state of our hearts and minds. Covetousness is a result of envy, which "makes the bones rot" or destroys us from the inside (Proverbs 14:30). If we allow covetousness to dwell in our hearts and minds, it can lead to hatred and resentment towards others who have what we desire, rather than looking to God for all we need and desire. In this lesson, we will learn about what it means to covet and, by the grace of God, how we can overcome it.

# 1 Covetousness is idolatry.

For you may be sure of this, that everyone who is sexually immoral or impure, or who is covetous (that is, an idolater), has no inheritance in the kingdom of Christ and God.

#### **EPHESIANS 5:5**

Covetousness distracts us from focusing on God. God commanded the Israelites not to lust after and set their hearts on their neighbor's possessions, because they were to set their hearts on God alone (Exodus 20:2,3). He is the only One who can satisfy our desires. What is an idolater? How can a strong desire for possessions lead to idolatry?

# 2 Covetousness can be overcomed through Christ.

<sup>5</sup>Keep your life free from love of money, and be content with what you have, for he has said, "I will never leave you nor forsake you." <sup>6</sup>So we can confidently say, "The Lord is my helper; I will not fear; what can man do to me?" HEBREWS 13:5,6

Jesus' sacrifice assures us that God is willing and able to provide for everything we need. Our hope and security are not in money or anything else we covet, but in Jesus Christ who gave His life for us. We can overcome covetousness because we know that God is the only One who can ultimately satisfy us. His grace helps us overcome sin. According to Hebrews 13:6, why can we confidently say that God is our helper?

## 3 Contentment is an antidote to covetousness.

<sup>11</sup>Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. <sup>12</sup>I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. PHILIPPIANS 4:11,12

Covetousness shows that we aren't content with what God has given us. When we covet, we are placing our sense of fulfillment on what we don't have, always wanting more and never being satisfied. In contrast, the Apostle Paul was content in *every circumstance*. He was confident that in Jesus, he had all he could ever need. According to Philippians 4:11, what did Paul learn to do in every situation he faced? Is it possible for us to do the same? Why?

### **APPLICATION**

- Is there anything in your life that has been distracting you from God and has become an idol in your life? Confess this to God and ask for His forgiveness. What will you start doing differently starting this week?
- Do you believe that you have all that you need in Christ?
  Knowing that Christ is our only source of hope and security,
  what do you need to change in the way you think or live?
  How can you find contentment in Him every day?
- This week, share to a friend or family member Paul's insight about how to be content. What will you say to him or her?

### **PRAYER**

- Thank God for being your helper. Thank Him for never leaving nor forsaking you.
- Pray that your thoughts and desires would be aligned to His will more and more every day, as you continue to seek Him. Ask God for the grace to be free from covetousness, setting your heart on Him alone.
- Ask God for a deeper revelation of what it means to be content in every circumstance. Pray that your life would be an example of contentment, grace, and peace to others.



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