



# PRAYER




## WARM-UP

- What's one gift you received recently? What did you appreciate about it?
- Share about a time when a parent or guardian gave you something that you asked for. How did you feel?
- Do you find it easy or hard to ask people for a favor? Why?

#### WORD

<sup>9</sup>"Pray then like this: 'Our Father in heaven, hallowed be your name. <sup>10</sup>Your kingdom come, your will be done, on earth as it is in heaven. <sup>11</sup>Give us this day our daily bread, <sup>12</sup>and forgive us our debts, as we also have forgiven our debtors. <sup>13</sup>And lead us not into temptation, but deliver us from evil.'" MATTHEW 6:9-13

Prayer is the best way to communicate with God. It gives us the opportunity to pour out our hearts to Him, express our gratitude, confess our sins, ask Him for our needs, and come to Him in worship. This privilege of approaching God directly, which used to be exclusive to priests, has been extended to all Christians. We don't need to go through other people or saints so our message can reach God. Because of what Jesus did for us on the cross, we can draw near to God and pray to Him with confidence. Moreover, the Bible assures us that God hears us and gives us whatever we ask for if we pray according to His will (1 John 5:13-15). In this lesson, we will look at what Jesus taught us to ask our Father for in prayer.

### 1 Provision

"Give us this day our daily bread . . . " MATTHEW 6:11

God can provide for everything we need. He physically sustains us by enabling us to work and making our work fruitful. He also gives us good gifts (Matthew 7:7-11) and miraculous provision. How have you learned to ask God to provide for all your needs?

## 2 Forgiveness

"... and forgive us our debts, as we also have forgiven our debtors." MATTHEW 6:12

Through Jesus, God met our greatest spiritual need for forgiveness and reconciliation. We were separated from God because of sin, but because of Jesus' sacrifice on the cross, all our sins—past, present, and future—have been forgiven. What has God done with our sin? (Psalm 103:12)

#### **3** Protection and Deliverance

"And lead us not into temptation, but deliver us from evil." MATTHEW 6:13

We can pray for God to lead us not only into good, but also away from evil. God is our Deliverer who can protect us and give us the strength to endure. How has God recently helped you overcome a temptation?

#### APPLICATION

- Do you believe God hears your prayers and will answer according to His will? What did you learn from this lesson and how will you apply it this week?
- What do you need to pray and ask God for? Trust God to answer and miraculously meet your needs.
- Who can you pray for this week? Believe God for opportunities to minister and preach the gospel.

## PRAYER

- Thank God for being your Father and for His graciousness to you. Pray that you would have a deeper, stronger relationship with Him.
- Ask God to help you pray according to His will. Ask God for His presence, provision, and protection to always be with you.
- Pray for wisdom and courage so that you may be a blessing and encouragement to many this week. Ask God for opportunities to serve and pray for your family and friends.



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